

Getting the flu vaccine

Sometimes I get a cold.



I cough and sneeze and I don't feel well.

Some people get flu.

It's like a cold but much, much worse.

They feel really ill.



I can get special medicine to make sure I don't get flu.

It's called a vaccine.

A nurse will come to school to give me the vaccine.

She will put the vaccine up my nose.

It might feel funny but it won't hurt!



Lots of my friends will get the vaccine too.

I will be very happy that I won't get flu.

